

Nutritional analysis

Super Polyvitmin



Content per capsule :		RI*	Content per capsule :		RI*
Calcium	123 mg	15%	Vitamin K (fytomenadion)	135 µg	180%
Magnesium	56 mg	15%	Vitamin M	400 µg	200%
Iron	28 mg	200%	Choline	75 mg	-
Zinc	23 mg	225%	Rutine 50%	25 mg	-
Vitamin A	1,2 mg	150%	Inositol	13 mg	-
Vitamin B1	4,2 mg	382%	PABA	10 mg	-
Vitamin B2	4,8 mg	343%	Bioflav. complex 50%	10 mg	-
Vitamin B3	54 mg	338%	Lecithine	10 mg	-
Vitamin B5	18 mg	300%	BetaïneHCl	8,3 mg	-
Vitamin B6	6,0 mg	429%	Pepsine	8,3 mg	-
Vitamin B12	3,0 µg	120%	Pancreatine	8,3 mg	-
Vitamin C	80 mg	100%	Hesperidine 50%	5,0 mg	-
Vitamin D (calciferol)	7,5 µg	150%	L-Carnitine	1,0 mg	-
Vitamin E	30 mg	250%	Adenine	850 µg	-
Vitamin H	450 µg	900%	* Reference intake of an average adult (8400 kJ/ 2000 kcal)		