

Nutritional analysis

Endurance Bar



	p.55g	p.100g	RI*
Energetic value	798 kJ 189 kcal	1451 kJ 344 kcal	17%
Fat	3,1 g	5,6 g	8%
<i>of which saturated</i>	0,4 g	0,7 g	3,5%
Carbohydrates	32,1 g	58,3 g	22%
<i>of which sugars</i>	14,3 g	26 g	29%
Proteins	6,0 g	10,8 g	%
Salt	0,58 g	1,06 g	4%
Magnesium	75 mg	135 mg	36%

*Reference intake of an average adult (8400 kJ/2000 kcal)