

Nutritional analysis

Energy Gel



	p.40g	p.100g	RI*
Energetic value	487 kJ 115 kcal	1218 kJ 287 kcal	14%
Fat	0 g	0 g	0%
<i>of which saturated</i>	0 g	0 g	0%
Carbohydrates	28,7 g	71,7 g	28%
<i>of which sugars</i>	11,2 g	27,9 g	31%
Proteins			
(on dry matter, Nx6,45)	0 g	0 g	0%
(on total matter, Nx6,25)	0 g	0 g	0%
Salt	0,56 g	1,4 g	23%

*Reference intake of an average adult (8400 kJ/2000 kcal)