

# Nutritional analysis

## Fruit Bar



	p.50g	p.100g	RI*
Energetic value	744 kJ 176 kcal	1489 kJ 352 kcal	18%
Fat	2,4 g	4,8 g	1%
<i>of which saturated</i>	0,2 g	0,4 g	2%
Carbohydrates	35,1 g	70,2 g	27%
<i>of which sugars</i>	25,6 g	51,3 g	57%
Proteins	2,1 g	4,1 g	8%
Salt	0,08 g	0,15 g	3%

\*Reference intake of an average adult (8400 kJ/2000 kcal)