

Nutritional analysis

Energy Bar



	p.60g	p.100g	RI*
Energetic value	828 kJ 199 kcal	1380 kJ 331 kcal	17%
Fat	8,9 g	14,9 g	21%
<i>of which saturated</i>	3,6 g	6,0 g	30%
Carbohydrates	24 g	40,1 g	15%
<i>of which sugars</i>	1,9 g	3,2 g	4%
Proteins	3,4 g	5,7 g	11%
Salt	0,13 g	0,22 g	4%

*Reference intake of an average adult (8400 kJ/2000 kcal)