

# Nutritional analysis

## POWER CRUNCH

	Caramel** 60g	RI*
Energetic value	1066 kJ 254 kcal	13%
Fat	10,2 g	15%
<i>of which saturated</i>	3,5 g	18%
Carbohydrates	20,9 g	8%
<i>of which sugars</i>	18,3 g	20%
Proteins	19,8 g	40%
Salt	0,12 g	2%

\* Reference intake of an average adult (8400 kJ/2000 kcal)

\*\* other flavours are similar